

CB-BK WE2 2026: Session: 1: COACH evaluation sheet for TEAM: CNSW

Coachinfo: Warming up from: 07:00 untill 08:15. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Gueret Aurore HEADCOACH

Coaches: Collard Nicolas

Coaches: Blondeel Nathalie

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 1: 400M FREESTYLE WOMEN 15-18							Heat:3, starttime: 08:41	
Heat: 3/5 Lane : 5 Athlete: MACHALE JULIA							Q-time: 04:42:06	
PB (50m pool): 04:41.42 Antwerpen 28/07/2024							PB (25m pool): 04:39.41 SB: 04:57.09 Charleroi 15/02/2026	
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	no time	no time	no time	no time	no time	no time	no time	04:41.42
	no time							
								

Coach feedback:

Event number: 2: 100M BUTTERFLY MEN 15+							Heat:8, starttime: 09:07		
Heat: 8/12 Lane : 5 Athlete: COQUILLAT DORIAN							Q-time: 01:00:33		
PB (50m pool): 01:03.63 Charleroi 15/02/2026							PB (25m pool): 01:00.02 SB: 01:03.63 Charleroi 15/02/2026		
	5 0 M		1 0 0 M						
PB	00:30.11		01:03.63						
	00:30.11		00:33.52						
									

Coach feedback:

Event number: 2: 100M BUTTERFLY MEN 15+							Heat:10, starttime: 09:11	
Heat: 10/12 Lane : 1 Athlete: MORIAU THIBAUT							Q-time: 00:58:64	
PB (50m pool): 00:57.99 Antwerpen 21/04/2024							PB (25m pool): 00:58.02 SB: 00:59.53 Charleroi 15/02/2026	
	5 0 M	1 0 0 M						
PB	no time	00:57.99						
	no time							
								

Coach feedback:

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Event number: 3: 50M BACKSTROKE WOMEN 15+			Heat:3, starttime: 09:19
Heat: 3/16 Lane : 2 Athlete: DURY ELISABETH			Q-time: 00:34:71
PB (50m pool): 00:34.71 Woluwe-Saint-Pierre 25/05/2025			PB (25m pool): 00:34.77 SB: 00:35.31 Antwerpen 19/04/2026
	5 0 M		
PB	00:34.71		
	00:34.71		
			

Coach feedback:

Event number: 3: 50M BACKSTROKE WOMEN 15+			Heat:5, starttime: 09:22
Heat: 5/16 Lane : 4 Athlete: BESO CLARA			Q-time: 00:34:27
PB (50m pool): 00:34.27 Eindhoven 16/03/2025			PB (25m pool): 00:35.63 SB: 00:34.38 Ottignies Louvain-La-Neuve 07/06/2026
	5 0 M		
PB	00:34.27		
	00:34.27		
			

Coach feedback:

Event number: 3: 50M BACKSTROKE WOMEN 15+			Heat:6, starttime: 09:23
Heat: 6/16 Lane : 5 Athlete: JANVIER ZOé			Q-time: 00:34:17
PB (50m pool): 00:34.17 Ottignies Louvain-La-Neuve 07/06/2026			PB (25m pool): no time SB: 00:35.16 Charleroi 25/05/2026
	5 0 M		
PB	00:34.17		
	00:34.17		
			

Coach feedback:

Event number: 3: 50M BACKSTROKE WOMEN 15+			Heat:12, starttime: 09:33
Heat: 12/16 Lane : 3 Athlete: XENOU VIRGINIA			Q-time: 00:32:38
PB (50m pool): 00:32.38 Antwerpen 17/05/2026			PB (25m pool): SB: 00:32.38 Antwerpen 17/05/2026
	5 0 M		
PB	00:32.38		
	00:32.38		
			

Coach feedback:

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Event number: 3: 50M BACKSTROKE WOMEN 15+										Heat:16, starttime: 09:39																			
Heat: 16/16 Lane : 1 Athlete: GRIES LAURE																				Q-time: 00:31:50									
PB (50m pool): 00:31.02 Charleroi 05/02/2023										PB (25m pool): 00:30.39SB: 00:32.05 Charleroi 15/02/2026																			
	5 0 M																												
PB	00:31.02																												
	00:31.02																												
																													

Coach feedback:

Event number: 4: 400M MEDLEY MEN 15-18							Heat:2, starttime: 09:46	
Heat: 2/5 Lane : 6 Athlete: ROBBA ENRICO							Q-time: 05:14:39	
PB (50m pool): 05:14.39 Eindhoven 22/03/2026			PB (25m pool): no time SB: 05:14.39 Eindhoven 22/03/2026					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	00:33.62	01:11.56	01:53.71	02:33.85	03:17.82	04:01.68	04:39.32	05:14.39
	00:33.62	00:37.94	00:42.15	00:40.14	00:43.97	00:43.86	00:37.64	00:35.07
								

Coach feedback:

Event number: 4: 400M MEDLEY MEN 15-18							Heat:5, starttime: 10:03	
Heat: 5/5 Lane : 8 Athlete: EVERSONAS JONAS							Q-time: 04:55:49	
PB (50m pool): 04:55.49 Antwerpen 27/07/2025				PB (25m pool): 04:47.17 SB: no time				
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	00:31.37	01:07.83	01:47.68	02:26.50	03:05.82	03:45.94	04:21.54	04:55.49
	00:31.37	00:36.46	00:39.85	00:38.82	00:39.32	00:40.12	00:35.60	00:33.95
								

Coach feedback:

Event number: 5: 200M BREASTSTROKE WOMEN 15+					Heat:5, starttime: 10:23
Heat: 5/9 Lane : 8 Athlete: RENAUD ALVA				Q-time: 02:53:96	
PB (50m pool): 02:53.96 Antwerpen 27/07/2025			PB (25m pool): 02:48.87 SB: 02:58.30 Eindhoven 22/03/2026		
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:40.09	01:24.92	02:10.12	02:53.96	
	00:40.09	00:44.83	00:45.20	00:43.84	
					

Coach feedback:

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Event number: 5: 200M BREASTSTROKE WOMEN 15+					Heat:7, starttime: 10:30
Heat: 7/9 Lane : 4 Athlete: COLINET MANON					Q-time: 02:36:69
PB (50m pool): 02:36.69 Antwerpen 27/07/2025					PB (25m pool): 02:35.31 SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:35.58	01:15.76	01:56.30	02:36.69	
	00:35.58	00:40.18	00:40.54	00:40.39	
					

Coach feedback:

Event number: 5: 200M BREASTSTROKE WOMEN 15+					Heat:7, starttime: 10:30
Heat: 7/9 Lane : 8 Athlete: SCHOEMANS ALICE					Q-time: 02:48:74
PB (50m pool): 02:48.74 Antwerpen 27/07/2025					PB (25m pool): no time SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:38.35	01:21.99	02:05.79	02:48.74	
	00:38.35	00:43.64	00:43.80	00:42.95	
					

Coach feedback:

Event number: 5: 200M BREASTSTROKE WOMEN 15+					Heat:9, starttime: 10:37
Heat: 9/9 Lane : 1 Athlete: COLINET CHARLOTTE					Q-time: 02:47:26
PB (50m pool): 02:47.26 Antwerpen 27/07/2025					PB (25m pool): 02:44.25 SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:37.62	01:19.70	02:04.01	02:47.26	
	00:37.62	00:42.08	00:44.31	00:43.25	
					

Coach feedback:

Event number: 6: 200M BACKSTROKE MEN 15+					Heat:2, starttime: 10:44
Heat: 2/10 Lane : 7 Athlete: CARDACI ENZO					Q-time: 02:28:62
PB (50m pool): 02:28.62 Eindhoven 22/03/2026					PB (25m pool): no time SB: 02:28.62 Eindhoven 22/03/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:34.09	01:12.76	01:51.08	02:28.62	
	00:34.09	00:38.67	00:38.32	00:37.54	
					

Coach feedback:

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Event number: 6: 200M BACKSTROKE MEN 15+					Heat:3, starttime: 10:47
Heat: 3/10 Lane : 5 Athlete: MELIS AUGUSTIN					Q-time: 02:26:43
PB (50m pool): 02:26.43 Antwerpen 19/04/2026					PB (25m pool): no time SB: 02:26.43 Antwerpen 19/04/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:34.51	01:10.92	01:49.10	02:26.43	
	00:34.51	00:36.41	00:38.18	00:37.33	
					

Coach feedback:

Event number: 6: 200M BACKSTROKE MEN 15+					Heat:10, starttime: 11:11
Heat: 10/10 Lane : 7 Athlete: MACHALE LIAM					Q-time: 02:16:29
PB (50m pool): 02:16.29 Antwerpen 27/07/2025					PB (25m pool): 02:08.70 SB: 02:17.27 Charleroi 15/02/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:31.46	01:05.38	01:40.40	02:16.29	
	00:31.46	00:33.92	00:35.02	00:35.89	
					

Coach feedback:

Event number: 7: 200M BUTTERFLY WOMEN 15+					Heat:4, starttime: 11:24
Heat: 4/4 Lane : 2 Athlete: XENOU VIRGINIA					Q-time: 02:32:44
PB (50m pool): 02:32.44 Antwerpen 17/05/2026					PB (25m pool): 02:29.76 SB: 02:32.44 Antwerpen 17/05/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:33.70	01:12.41	01:52.08	02:32.44	
	00:33.70	00:38.71	00:39.67	00:40.36	
					

Coach feedback:

Event number: 8: 100M BREASTSTROKE MEN 15+					Heat:1, starttime: 11:27
Heat: 1/12 Lane : 4 Athlete: ROBBA ENRICO					Q-time: 01:16:48
PB (50m pool): 01:16.48 Antwerpen 19/04/2026					PB (25m pool): 01:22.54 SB: 01:16.48 Antwerpen 19/04/2026
	5 0 M	1 0 0 M			
PB	00:36.37	01:16.48			
	00:36.37	00:40.11			
					

Coach feedback:

CB-BK WE2 2026: Session: 1: COACH evaluation sheet for TEAM: CNSW

Event number: 8: 100M BREASTSTROKE MEN 15+			Heat:12, starttime: 11:46
Heat: 12/12 Lane : 7 Athlete: EVERSONAS JONAS			Q-time: 01:08:30
PB (50m pool): 01:08.30 Antwerpen 27/07/2025			PB (25m pool): 01:06.56 SB: 01:08.68 Ottignies Louvain-La-Neuve 07/06/2026
	5 0 M	1 0 0 M	
PB	00:31.88	01:08.30	
	00:31.88	00:36.42	
			

Coach feedback:

Event number: 9: 50M FREESTYLE WOMEN 15+			Heat:4, starttime: 11:51
Heat: 4/13 Lane : 3 Athlete: ZIPPER EVY			Q-time: 00:28:74
PB (50m pool): 00:28.74 Antwerpen 27/07/2025			PB (25m pool): 00:28.77 SB: 00:29.37 Eindhoven 22/03/2026
	5 0 M		
PB	00:28.74		
	00:28.74		
			

Coach feedback:

Event number: 9: 50M FREESTYLE WOMEN 15+			Heat:5, starttime: 11:52
Heat: 5/13 Lane : 4 Athlete: GRIES LAURE			Q-time: 00:28:56
PB (50m pool): 00:28.39 Woluwe-Saint-Pierre 14/12/2024			PB (25m pool): 00:27.85 SB: 00:28.85 Antwerpen 17/05/2026
	5 0 M		
PB	00:28.39		
	00:28.39		
			

Coach feedback:

Event number: 10: 50M FREESTYLE MEN 15+			Heat:8, starttime: 12:08
Heat: 8/15 Lane : 1 Athlete: MORIAU PIERRICK			Q-time: 00:25:48
PB (50m pool): 00:25.48 Antwerpen 27/07/2025			PB (25m pool): 00:25.02 SB: 00:25.58 Charleroi 15/02/2026
	5 0 M		
PB	00:25.48		
	00:25.48		
			

Coach feedback:

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Event number: 10: 50M FREESTYLE MEN 15+										Heat:11, starttime: 12:11																																							
Heat: 11/15										Lane : 2										Athlete: DA CONCEICAO SOUSA LUIS GABRIE										Q-time: 00:24:83																			
PB (50m pool): 00:24.83										Antwerpen 17/05/2026										PB (25m pool): 00:24.67										SB: 00:24.83										Antwerpen 17/05/2026									
		5 0 M																																															
PB		00:24.83																																															
		00:24.83																																															
																																																	

Coach feedback:

Event number: 10: 50M FREESTYLE MEN 15+										Heat:12, starttime: 12:12																				
Heat: 12/15 Lane : 4 Athlete: MORIAU THIBAUT																				Q-time: 00:24:64										
PB (50m pool): 00:24.64 Antwerpen 27/04/2025										PB (25m pool): 00:24.38 SB: 00:24.83 Antwerpen 17/05/2026																				
	5 0 M																													
PB	00:24.64																													
	00:24.64																													
																														

Coach feedback:

Event number: 11: 4x100M MEDLEY MIXED 15+							Heat:1, starttime: 12:16	
Heat: 1/5 Lane : 5 Athlete: TEAM CNSW 1							Q-time: 05:07:83	
PB (50m pool):			PB (25m pool):			SB:		
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB								
								

Coach feedback:

Event number: 11: 4x100M MEDLEY MIXED 15+							Heat:3, starttime: 12:27	
Heat: 3/5 Lane : 8 Athlete: TEAM CNSW 3							Q-time: 04:33:72	
PB (50m pool):			PB (25m pool):			SB:		
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB								
								

Coach feedback:

CB-BK WE2 2026: Session: 1: COACH evaluation sheet for TEAM: CNSW

Event number: 11: 4x100M MEDLEY MIXED 15+							Heat:4, starttime: 12:32	
Heat: 4/5 Lane : 7 Athlete: TEAM CNSW 2							Q-time: 04:21:01	
PB (50m pool):			PB (25m pool):			SB:		
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB								
								

Coach feedback: